

# WKC RULES AND REGULATIONS FOR SPORT SWORD

# **Excessive Contact will not be Tolerated**

All qualifying rounds will be 1 min 30 seconds

All finals are 2 x 1 min

Head guards & Groinguards are mandatory; Head guards must have a face cage in place and must be worn at all times during combat.

**Body armour** is optional. **Remember** the wearing of protective equipment does not mean competitors are allowed to strike their opposition with undue force.

Competitors will only be issued one warning for excessive contact. Weapons must be held with both hands at all times for the point to be awarded and the strike must be fully controlled.

#### Important only approved Sport Swords may be used

## **Points Legal Scoring Areas**

The sword must be held with both hands at all times for the points to count. The competitor must be standing upright to score; any knees touching the floor will render the score invalid. (Competitors cannot do a dummy shot to the floor before a leg shot, this action will be deemed a foul and will not score a point).

**Head** (back of the head included) = 1 point, **Body** back & sides= 1 point, **Body** Chest = 2 points, Stomach = 3 points, **Arms** above the wrist = 1 point, **Legs** (above the ankle & below waist) = 2 points.

### **Illegal Scoring Areas**

The Groin, Hands, Feet, Neck (front, back & sides), Eyes.

It is the intention of the promoters to run a professional friendly tournament where we can alltest ourselves against other martial artists in a competitive and safe environment.

**Note to Instructors -** will you please make it absolutely clear to all your students who wish to take part in this tournament that this is a **LIGHT CONTACT EVENT**, anyone who fails to comply will face immediate disqualification.

W.K.C. RULES WILL BE REVIEWED, REVISED, AND UPDATED (WHEN AND WHERE DEEMED NECESSARY)

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